

Four weeks Ayurveda Immersion

(under the aise of "Charaka Home of Ayurveda")

AYURVEDA IMMERSION PROGRAM WITH DR ACHARYA 2023

(spontaneous learning program with no classroom walls & syllabus)

(1st – 28th August 2023)

www.charakahome.org

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Course Fee for 4 weeks (approx. 120 hours covered) of Ayurveda Immersion Program:

Course fee for four weeks is US \$1050 per individual. Maximum permissible candidates is 10 – 15 only. Minimum required to run a batch is 6 persons per batch. US \$ 50/- as prior Registration is necessary which is non refundable, however, is adjustable against the whole fee amount.

Early bird incentive : whole fees US \$ 950/- payable till June 2023.

This course is exclusive for non-indian nationals (foreigners) only.

Payments can be done online through the website charakahome.org or by personal at India.

What does it Include? This course fee includes all fees which are to be paid at some Ayurveda Institutes like ITRA Jamnagar/AIIA Delhi or Goa, and any be other Institutes in south India. This also includes fee/honorarium to those professors who may join field visits (botanical) or practical demos.

What is not included ? The course is the payment towards tuition/ education only. This does not include your expenses towards travel, stay and food. On by the request the organizer or management may help you arrange for your local stay and food, if needed.

Please note: some institutes like ITRA, Jamnagar may have some hostel facilities. Udupi -Charaka Home also has few rooms as accommodation. Travel from Jamnagar to Delhi/south India will be (mostly accompanied by Dr Acharya) by flight only.

Complements :

Dr Acharya shall issue certificate for participation in entire course. In addition few institutes may also issue a certificate of appreciation on participation.

Participation in Charaka Discourse in the morning hours with Dr Acharya and Meditations.

Visits to few places of cultural interests and natural resources as part of observance to bio and cultural diversity in the neighbourhoods of Jamnagar /Delhi/Goa/Udupi.

Participants' other financial responsibility :

1. Participants need to make their own arrangement stay and food during the entire period. On request, assistance/guidance can be provided if needed. Some institutes may offer hostel rooms

reasonable prices depending upon vacancies. There are reasonable economical hotel/religious guest houses at Udupi in nearer vicinity of Dr Acharya' home. Charaka Home also has few rooms for accommodation which could be offered on first come first basis.

2. Travel costs from respective countries to India and Air ticket charges between Delhi – Jamnagar- Udupi shall be borne by individual. The dates and timings for such travel should be coordinated with Dr Acharya and the program schedule. Bus/vehicals are usually hired for short distance travel during the study and the total cost of such transport hiring shall be distributed among the participants.

Components of the Immersion Program : (Apprx. 120 hrs covered)

Learning on selected topics of Ayurveda with Dr Acharya (both clinical & Basics). Hands on practical on selected procedures of Panchakarma.

Two weeks (Approx. 60 hrs) program at different specialty departments of national reputed Institutes (Jamnagar/Delhi etc). Visits to hospital and observing procedures.

Few classes on healthy & tasty Ayurveda Food recipe preparation (Sandhya Acharya).

5 days (Apprx.) at two reputed Ayurveda institutes /hospitals at south india. Interactions with Ayurveda doctors / professors and visit to hospital setup.

Visit to forest and botanical nursery for live identification of medicinal plants. Preferably, accompanied by technical officer/professor.

Visit to reputed Ayurveda Pharmacies manufacturing Ayurveda medicines.

Visit to places known for cultural diversity & live practices and bio diversity