

## **AYURVEDA IMMERSION PROGRAM WITH DR ACHARYA**

**{TENTATIVE 1<sup>ST</sup> AUG 2022 – 28<sup>TH</sup> AUG 2022}**

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### **The Course Fee for 4 weeks (approx. 120 hours) of Ayurveda immersion Program.**

Course fee for 4 weeks will 950 US\$ per individual. Maximum permissible candidates 10 only. Minimum required to run the program is 6 persons per batch. US \$ 150 as advance registration which is non refundable and will be deducted from the fees at the time of joining the course.

Course is exclusive for foreign nationals only.

***What does it include?*** : This course fee includes the fees which are to be paid at Ayurved University (Jamnagar) and or AIIA (New Delhi), other two institutes in South India and to professors' fee / guides who join for outdoor (botanical etc.) practical.

***What is not included?*** : This course fee is payment towards the tuition / education only. This does not include your expenses towards travel, stay and food. On by the request the organizer or management can help you arrange for your local stay and food, if needed.

*Please Note:* Travel from Jamnagar to South India (Udupi) and or Delhi will be (mostly accompanied by Dr. Acharya) by flight only.

### **Complements:**

Dr Acharya shall issue certificate for participation in entire course. In addition, there would be a certificate of participation from other reputed Institute for the short participation.

Participation in Charaka Samhita discourses in the morning hours with Dr Acharya and Meditations.

Visits to few places of cultural interests & natural resources as part of observance to bio and cultural diversity in the neighborhood cities of Jamnagar/Delhi /Udupi.

### **Participants' other financial responsibility:**

1.Participants need to make their own arrangements for stay and food during the period (Approx. 4 weeks). On request, an assistance / guidance can be provided if needed. Some institutes may offer hostel facilities at reasonable prices inside their campus depending upon the vacancies There are reasonable economical hotels/religious guest houses at Udupi near Dr Acharya's residence. The Charaka Home also has few rooms for stay on rentals which can be provided on first come first basis.

2.Travel costs from respective countries to India and Air ticket charges between Delhi - Jamnagar - Udupi shall be borne by individuals. The dates and timing for

such flight bookings should only be done after consultation with the program managing persons or Dr Acharya. Bus/ vehicles are usually hired for travelling to nearby places and total cost can be shared(distributed) among us.

**Components of the Immersion Program:**

(Approx. 120 hours covered)

**L**earning on few selective topics of Ayurveda with Dr Acharya (both clinical & Basics). Hands on practical of selected Panchakarma procedures with Dr Acharya.

**T**wo weeks (Approx.60 hours) program at different specialty departments of Post Graduate institutes at reputed Government Institutes of Delhi and Jamnagar Visit to hospital and observing procedures.

**F**ew classes on healthy & tasty Ayurveda food preparation (Sandhya Acharya).

**5 d**ays at two reputed Ayurveda institute / hospitals at South India. Interactions with Ayurveda doctors/ professors and visit to hospitals.

**V**isit to forest and botanical nursery for live identification of medicinal plants. Preferably, accompanied by professor.

**V**isit to reputed Ayurveda pharmacies manufacturing Ayurveda medicines.

**V**isit to places known for cultural diversity & live practices and bio diversity.